

Scripture Reading Acts/Hechos 4:36-37

³⁶ Thus Joseph, who was also called by the apostles Barnabas (which means son of encouragement), a Levite, a native of Cyprus, ³⁷ sold a field that belonged to him and brought the money and laid it at the apostles' feet.

³⁶ Y José, un levita natural de Chipre, a quien también los apóstoles llamaban Bernabé (que traducido significa hijo de consolación), ³⁷ poseía un campo y *lo* vendió, y trajo el dinero y *lo* depositó a los pies de los apóstoles.

Acts 4:36

Acts 9:26--



Acts 11:25

Does the Bible say that I have to be an encourager?

1 Thessalonians 5:12

¹¹ Therefore encourage one another and build one another up, just as you are doing.

1 Tesalonicenses

¹¹ Por tanto, alentaos los unos a los otros, y edificaos el uno al otro, tal como lo estáis haciendo.

Hebrews 12:1-2

12 Por tanto, puesto que tenemos en derredor nuestro tan **gran nube de testigos**, despojémonos también de todo peso y del pecado que tan fácilmente nos envuelve, y corramos con paciencia la carrera que tenemos por delante, ² **puestos los ojos en Jesús**, el autor y consumador de la fe . . .

12 Therefore, since we are surrounded by so **great a cloud of witnesses**, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, ² **looking to Jesus**, the founder and perfecter of our faith . . .

How do I encourage
others?

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Pass the Encouragement, Please.

How do I encourage others?

- **Words** “You did a great job.”
- **Demonstrate** Doing something first
- **Help** “Can I help you?”
- **Kindness** “I'm glad you're here.”
- **Prayer** “Is it ok if I pray for you?”
- **Listening** “I'll listen if you want to talk.”
- **Forgiveness** “It's okay. Let's try again.”
- **Including someone** “Come sit with us.”
- **A smile** Sometimes a smile tells someone: “You matter.”

Excuses, excuses. . . .

How should I receive
encouragement?

“Thank you.”

What did I learn?

1. Be a Barnabas this week

2. Remember Hebrews
12:1

**“Let us run with endurance
the race that is set before
us.”**

1. Sé como Bernabé
esta semana.

2. Recuerda Hebreos
12:1

**“corramos con paciencia
la carrera que tenemos
por delante.”**