

PSALM 100: 1-5

A Psalm for Thanksgiving.

1 Shout joyfully to the Lord, all the earth.

2 Serve the Lord with gladness;

Come before Him with joyful singing.

3 Know that the Lord Himself is God;

It is He who has made us, and not we ourselves;
We are His people and the sheep of His pasture.

4 Enter His gates with thanksgiving

And His courts with praise.

Give thanks to Him, bless His name.

5 For the Lord is good;

His lovingkindness is everlasting

And His faithfulness to all generations.

NASU

• To all ye Pilgrims,

• Inasmuch as the great father has given us this year an abundant harvest of Indian corn, wheat, peas, squashes and garden vegetables, and has made the forests to abound with game and the sea with fish and clams, and inasmuch as he has protected us from the raids of the savages, has spared us from pestilence and disease, has granted us freedom to worship Him according to the dictates of our own conscience; now I, your magistrate, do proclaim that all ye Pilgrims, with your wives and ye little ones, do gather at ye meeting house, on ye hill, between the hours of 9 and 12 in the day time, on Thursday November ye 29th of the year of our Lord one thousand six hundred and twenty three, and the third year since ye Pilgrims landed on ye Plymouth rock, there to listen to ye pastor and render thanksgiving to ye Almighty God for all His blessings.

- Ephesians 5:18-20 (NASB) *And do not get drunk with wine, for that is dissipation, but be filled with the Spirit, speaking to one another in psalms and hymns and spiritual songs, singing and making melody with your heart to the Lord; always giving thanks for all things in the name of our Lord Jesus Christ to God, even the Father;*

- Ephesians 5:18-20 (LBLA) — *18 Y no os embriaguéis con vino, en lo cual hay disolución, sino sed llenos del Espíritu, 19 hablando entre vosotros con salmos, himnos y cantos espirituales, cantando y alabando con vuestro corazón al Señor; 20 dando siempre gracias por todo, en el nombre de nuestro Señor Jesucristo, a Dios, el Padre;*

- 1 Thessalonians 5:16-18 - "*Be joyful always; pray continually; give thanks in all circumstances, for this is God's will for you in Christ Jesus.*"

- 1 Thessalonians 5:16-18 (LBLA) — *16 Estad siempre gozosos; 17 orad sin cesar; 18 dad gracias en todo, porque esta es la voluntad de Dios para vosotros en Cristo Jesús.*

- **PRAISE.**
- **THANKSGIVING.**
- **Notice other important words in these passages;**
 - **ALWAYS,**
 - **CONTINUALLY,**
 - **IN ALL CIRCUMSTANCES.**

□ *"Dear Mom: Sorry I haven't written sooner. My arm has been broken. I broke it, and my left leg, when I jumped from the second floor of my dormitory...when we had the fire. We were lucky. A young service station attendant saw the blaze and called the Fire Department. They were there in minutes. I was in the hospital for a few days. Paul, the service station attendant, came to see me every day. And because it was taking so long to get our dormitory livable again, I moved in with him. He has been so nice. I must admit that I am pregnant. Paul and I plan to get married just as soon as he can get a divorce. I hope things are fine at home. I'm doing fine, and will write more when I get the chance.
Love,*

□ *Your daughter, Susie*

*P.S. None of the above is true.
But I did get a "C" in Sociology
and flunked Chemistry. I just
wanted you to receive this
news in its
"Proper Perspective!"*

- **One is pride**

- **A critical spirit or constant complaining.**

- Dr. Dale Robbins writes, *“I used to think people complained because they had a lot of problems. But I have come to realize that they have problems because they complain. Complaining doesn’t change anything or make situations better. It amplifies frustration, spreads discontent and discord, and can invoke an invitation for the devil to cause havoc with our lives. Complaining makes us miserable.”*

- Psalm 77:3 - *“I complained and my spirit was overwhelmed.”*
- Psalm 77:3 (LBLA) — *3 Me acuerdo de Dios, y me siento turbado; me lamento, y mi espíritu desmaya.*

- Philippians 2:14-15 - *14 Do everything without complaining or arguing, 15 so that you may become blameless and pure, children of God without fault in a crooked and depraved generation, in which you shine like stars in the universe NIV*
- Philippians 2:14–15 (LBLA) — *14 Haced todas las cosas sin murmuraciones ni discusiones, 15 para que seáis irrepreensibles y sencillos, hijos de Dios sin tacha en medio de una generación torcida y perversa, en medio de la cual resplandecéis como luminare en el mundo,*

A third attitude that prevents us from
being grateful is
TAKING THINGS FOR GRANTED.

- ❑ Someone suggested that if the stars only came out once a year, we would stay out all night to watch them.

THANKSGIVING SHOULD BE EXPRESSED

- Psalm 100:4-5 - *Enter His gates with thanksgiving And His courts with praise. Give thanks to Him, bless His name. For the LORD is good; His lovingkindness is everlasting And His faithfulness to all generations.*
- Psalm 110:4-5 (LBLA) — *4 El SEÑOR ha jurado y no se retractará: Tú eres sacerdote para siempre según el orden de Melquisedec. 5 El Señor está a tu diestra; quebrantará reyes en el día de su ira.*

- Psalm 107:1-2 (NASB) *Oh give thanks to the LORD, for He is good, For His lovingkindness is everlasting. Let the redeemed of the LORD say so, Whom He has redeemed from the hand of the adversary.*
- Psalm 107:1-2 (LBLA) — *1 Dad gracias al SEÑOR, porque Él es bueno; porque para siempre es su misericordia. 2 Díganlo los redimidos del SEÑOR, a quienes ha redimido de la mano del adversario,*

Luke 17

"Rise and go;
your faith has
made you well."

Hans Selye, considered to be the father
of stress studies, wrote
*“gratitude produces more
positive emotional energy than
any other attitude in life.”*

You want to feel better?
Experience less stress? Have more
positive emotional energy?

**BE THANKFUL!
AND EXPRESS IT!**

- Romans 1:21 - *"For although they knew God, they neither glorified him as God nor gave thanks to him, but their thinking became futile, and their foolish hearts were darkened."*
- Romans 1:21 (LBLA) — *21 Pues aunque conocían a Dios, no le honraron como a Dios ni le dieron gracias, sino que se hicieron vanos en sus razonamientos y su necio corazón fue entenebrecido.*

- **1) Spend time with Him (not just 1 hr a week)**
 - **2) When you forgive others**
 - **3) When you serve in His church**
 - **4) When you share His Plan of salvation**
 - **5) When you reach out to hurting people**
 - **6) When you give God the best of your time, talent, and thanks.**
- **7) When you praise Him enthusiastically from the heart**

OUR THANKSGIVING SHOULD BE GROWING

- 1) The Blessings of Life.
- 2) The Burdens of Life.
- I Thes. 5:18 says, "*Give thanks in ALL circumstances.*"
- Eph. 5:20 says, "*always giving thanks.*"

- Romans 8:18- *I consider that our present sufferings are not worth comparing to the glory that will be revealed in us..."*
- Romans 8:18 (LBLA) — *18 Pues considero que los sufrimientos de este tiempo presente no son dignos de ser comparados con la gloria que nos ha de ser revelada.*

- 2 Corinthians 12:10 - *"That is why for Christ's sake, I delight in weakness, in insults, in hardships, in persecution, in difficulties. For when I am weak, then I am strong..."*

- 2 Corinthians 12:10 (LBLA) — *10 Por eso me complazco en las debilidades, en insultos, en privaciones, en persecuciones y en angustias por amor a Cristo; porque cuando soy débil, entonces soy fuerte.*

- Philippians 1:12 - *"Now I want you to know brothers that what has happened to me has really served to advance the Gospel..."*
- Philippians 1:12 (LBLA) — *12 Y quiero que sepáis, hermanos, que las circunstancias en que me he visto, han redundado en el mayor progreso del evangelio,*

The benefits of life as well.

- **When the Israelites focused on what they didn't have, they failed to see ALL that they DID have.**

- **An advertising firm performed an experiment in New York's Central Park - they dressed a man up as a blind man and gave him a cup to collect money. One day they put a sign around his neck that read, "I'm Blind."**

THANKSGIVING IS EXPECTED

- *"give thanks in all circumstances
BECAUSE THIS IS GOD'S WILL FOR
YOU IN CHRIST JESUS."*
- This is the mark of a Growing Christian.
- This is the mark of a Giving Christian.
- Someone has said that for Thanksgiving to be real Thanksgiving, There must be "Thanks" and there must be "Giving."

- James 1:17 says, *“Every good gift and every perfect gift is from above, and comes down from the father of lights.”*

- James 1:17 (LBLA) — *17 Toda buena dádiva y todo don perfecto viene de lo alto, descien­de del Padre de las luces, con el cual no hay cambio ni sombra de variación.*

(do you have any good gifts in your life?)

A Glowing Christian.

- 2 Corinthians 4:8 – *“We are hard pressed on every side, but not crushed; perplexed but not in despair; persecuted but not abandoned; struck down but not destroyed... For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. So, we fix our eyes not on what is seen, but what is unseen.”*
- 2 Corinthians 4:8–10 (LBLA) — *8 Afligidos en todo, pero no agobiados; perplejos, pero no desesperados; 9 perseguidos, pero no abandonados; derribados, pero no destruidos; 10 llevando siempre en el cuerpo por todas partes la muerte de Jesús, para que también la vida de Jesús se manifieste en nuestro cuerpo.*