Retrain Your Brain

Philippians 4:4-9

"You can't go back and change the beginning, but you can start where you are and change the ending."

C. S. LEWIS

- 1. God is far more interested in our future than He is in our past.
 - 2.To really change we must accept the truth that we are responsible for most of the failures and sins we face in our life.
 - 3. Learn to accept God's forgiveness as well as to forgive others.

- Philippians 4:8 (NASB)8 Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things.
- Philippians 4:8 (LBLA) 8 Por lo demás, hermanos, todo lo que es verdadero, todo lo digno, todo lo justo, todo lo puro, todo lo amable, todo lo honorable, si hay alguna virtud o algo que merece elogio, en esto meditad.

Proverbs 23:7 (NASB)

7 For as he thinks within himself, so he is.

Principle Of Displacement

- Disciplines Training expected to produce a specific character or pattern of behavior, especially training that produces moral or mental improvement.
- We replace our thinking with God's thinking.
 - "The peace that passes understanding."

• Romans 12:2 (NIV2011) Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

• Romans 12:2 (LBLA) 2 Y no os adaptéis a este mundo, sino transformaos mediante la renovación de vuestra mente, para que verifiquéis cuál es la voluntad de Dios: lo que es bueno, aceptable y perfecto.

BE TRANSFORMED BY THE RENEWING OF YOUR MIND

• **Renewing** in the Greek means "to cause something to become new and different, with the implication of becoming better—'to make new, renewal." Louw & Nida.



Then you will be able to test and approve what God's will is

- John 7:16-17 (NIV2011) 16 Jesus answered, "My teaching is not my own. It comes from the one who sent me. 17 Anyone who chooses to do the will of God will find out whether my teaching comes from God or whether I speak on my own.
 - John 7:16-17 (LBLA) 16 Jesús entonces les respondió y dijo: Mi enseñanza no es mía, sino del que me envió. 17 Si alguien quiere hacer su voluntad, sabrá si mi enseñanza es de Dios o si hablo de mí mismo.

- Ephesians 4:23-24 (NASB) 23 and that you be renewed in the spirit of your mind, 24 and put on the new self, which in the likeness of God has been created in righteousness and holiness of the truth.
 - Ephesians 4:23-24 (LBLA) 23 y que seáis renovados en el espíritu de vuestra mente, 24 y os vistáis del nuevo hombre, el cual, en la semejanza de Dios, ha sido creado en la justicia y santidad de la verdad.

- Colossians 3:10 (NASB) and have put on the new self who is being renewed to a true knowledge according to the image of the One who created him—
 - Colossians 3:10 (LBLA) 10 y os habéis vestido del nuevo hombre, el cual se va renovando hacia un verdadero conocimiento, conforme a la imagen de aquel que lo creó;

- 2 Corinthians 10:3-5 (NIV2011) 3 For though we live in the world, we do not wage war as the world does. 4 The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. 5 We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.
- 2 Corinthians 10:2-5 (LBLA) 2 ruego, pues, que cuando esté presente, no tenga que ser osado con la confianza con que me propongo proceder resueltamente contra algunos que nos consideran como si anduviéramos según la carne. 3 Pues aunque andamos en la carne, no luchamos según la carne; 4 porque las armas de nuestra contienda no son carnales, sino poderosas en Dios para la destrucción de fortalezas; 5 destruyendo especulaciones y todo razonamiento altivo que se levanta contra el conocimiento de Dios, y poniendo todo pensamiento en cautiverio a la obediencia de Cristo.

- The text does not say 'Do these things.' It only says, 'THINK on these things.'
- Displace the world's thinking with God's thinking.
- For out of the abundance of a man's heart, not only does his mouth speak, but his whole body and soul behave.



Thoughts are the food of a person's mind

LET YOUR MIND DWELL ON THESE THINGS

- Isaiah 26:3 (NLT2) 3 You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!
- Isaiah 26:3 (KJV) 3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.
- Isaiah 26:3 (LBLA) 3 Al de firme propósito guardarás en perfecta paz, porque en ti confia.

Colossians 3:1-2 (NASB) Therefore if you have been raised up with Christ, keep seeking the things above, where Christ is, seated at the right hand of God. 2 Set your mind on the things above, not on the things that are on earth.

Colossians 3:1-2 (LBLA) 1 Si habéis, pues, resucitado con Cristo, buscad las cosas de arriba, donde está Cristo sentado a la diestra de Dios. 2 Poned la mira en las cosas de arriba, no en las de la tierra.

RIGHT THINKING

results in

RIGHTEOUS LIVING

The verb *think about* (logizomai) means

to ponder, to give proper weight and value to, and to allow the resultant appraisal to influence the way life is to be lived.

TRUE – The things we allow ourselves to think about must first be true.

- Romans 1:18 (NCV) 18 God's anger is shown from heaven against all the evil and wrong things people do. By their own evil lives they hide the truth.
- Romans 1:18 (LBLA) 18 Porque la ira de Dios se revela desde el cielo contra toda impiedad e injusticia de los hombres, que con injusticia restringen la verdad;

NOBLE refers to lofty, majestic, awesome things, things that lift the mind above the world's dirt and scandal.





Right for Paul is always defined by God and His character.

Pure

whatever is not besmirched or tainted in some way by evil.

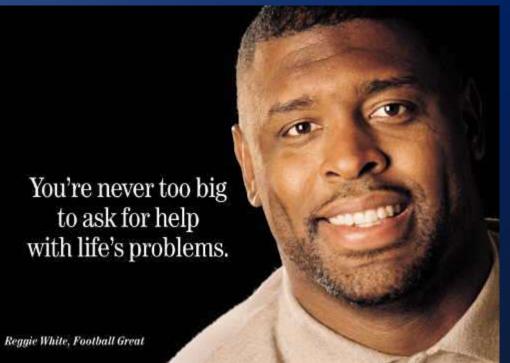
LOVELY

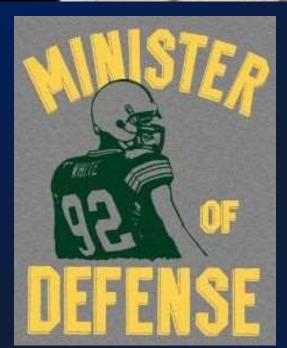
refers to what people consider "lovable" in the sense of having a gracious disposition toward it.





Admirable is something worthy of praise or approval, that which deserves a good reputation.







Michael Irvin summed up White the best when he said,

"He was a gift from God, and that's all you need to know about Reggie White".

EXCELLENT AND PRAISEWORTHY

- Excellent encompasses what is best in every area of life, the philosophical good for which every person should strive. Here it is especially the best a person can achieve.
- **Praiseworthy** refers to that which deserves human praise. The catalog of virtues that reflects the best life a person can live and the best reputation a person can have in the community.

THINK ON THESE THINGS.

- Philippians 4:9 (NIV2011) 9 Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.
- Philippians 4:9 (LBLA) 9 Lo que también habéis aprendido y recibido y oído y visto en mí, esto practicad, y el Dios de paz estará con vosotros.

- · True
- · Honorable
 - Right
 - · Pure
 - Lovely
- · Good Repute (Admirable)
 - ·if there is any Excellence
- · anything Worthy Of Praise
- · DWELL ON THESE THINGS.

"The Christian does not think God will love us because we are good, but that God will make us good because He loves us."

- C.S. Lewis