

# ***God's New Year's Resolutions For ME!***

- 1- Spend more time with family and friends.
- 2- Fit in fitness. (take care of your health - exercise)
- 3- Tame the bulge. (Over 66 percent of adult Americans are considered overweight)
- 4- Quit smoking. (On average, smokers try about four times before they quit for good)
- 5- Enjoy life more. (sounds good)
- 6- Quit drinking. (no problem for me)
- 7- Get out of debt. (You won't do it in a year. It will take some planning and some saying "no" to yourself and others)
- 8 - Learn something new. ("Why?" I've got enough to do without taking on something else)
- 9 - Help others. (That's thinking of someone else for a change instead of ourselves)
- 10 - Get organized. (Some might say, "I never have. Why start now?")

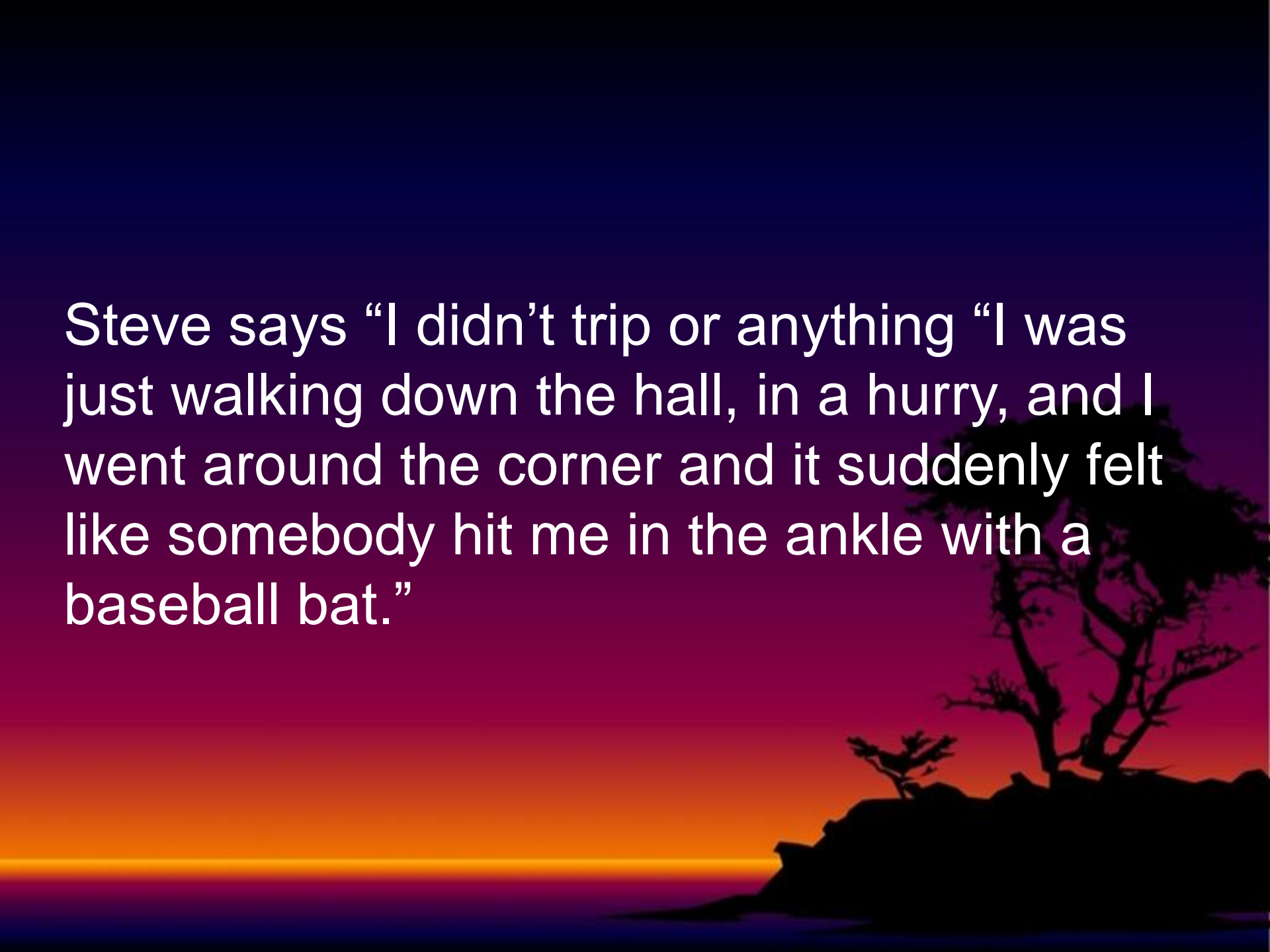
- Ephesians 5:15-20 (NASB) <sup>15</sup> *Therefore be careful how you walk, not as unwise men but as wise,* <sup>16</sup> *making the most of your time, because the days are evil.* <sup>17</sup> *So then do not be foolish, but understand what the will of the Lord is.* <sup>18</sup> *And do not get drunk with wine, for that is dissipation, but be filled with the Spirit,* <sup>19</sup> *speaking to one another in psalms and hymns and spiritual songs, singing and making melody with your heart to the Lord;* <sup>20</sup> *always giving thanks for all things in the name of our Lord Jesus Christ to God, even the Father;*

# BE CAREFUL

- *“Be very careful, then, how you live—not as unwise but as wise, 16making the most of every opportunity, because the days are evil. 17Therefore do not be foolish, but understand what the Lord’s will is.”*
- *“Be careful in living. Be careful in the way you live. Be careful. Be wise. Be careful with your time, which is God’s time. Don’t contribute to evil. Be wise. Seek the Lord’s will in all things. Every day and in every way.”*

Ps 101:1-3 - *I will sing of your love and justice; to you, O Lord, I will sing praise.*  
*2 I will be careful to lead a blameless life — when will you come to me? I will walk in my house with blameless heart. (i.e. When we aren't seen by others- in private)* *3 I will set before my eyes no vile thing. The deeds of faithless men I hate; they will not cling to me. NIV*

Steve says “I didn’t trip or anything “I was just walking down the hall, in a hurry, and I went around the corner and it suddenly felt like somebody hit me in the ankle with a baseball bat.”



- **HURRY**
  - **WORRY**
  - **MULTITASKING**
  - **STRESS**
  - **THE FOUR HORSEMEN OF  
THE ACCIDENT PRONE**
- THE SAME IS TRUE IN THE  
SPIRITUAL REALM.**

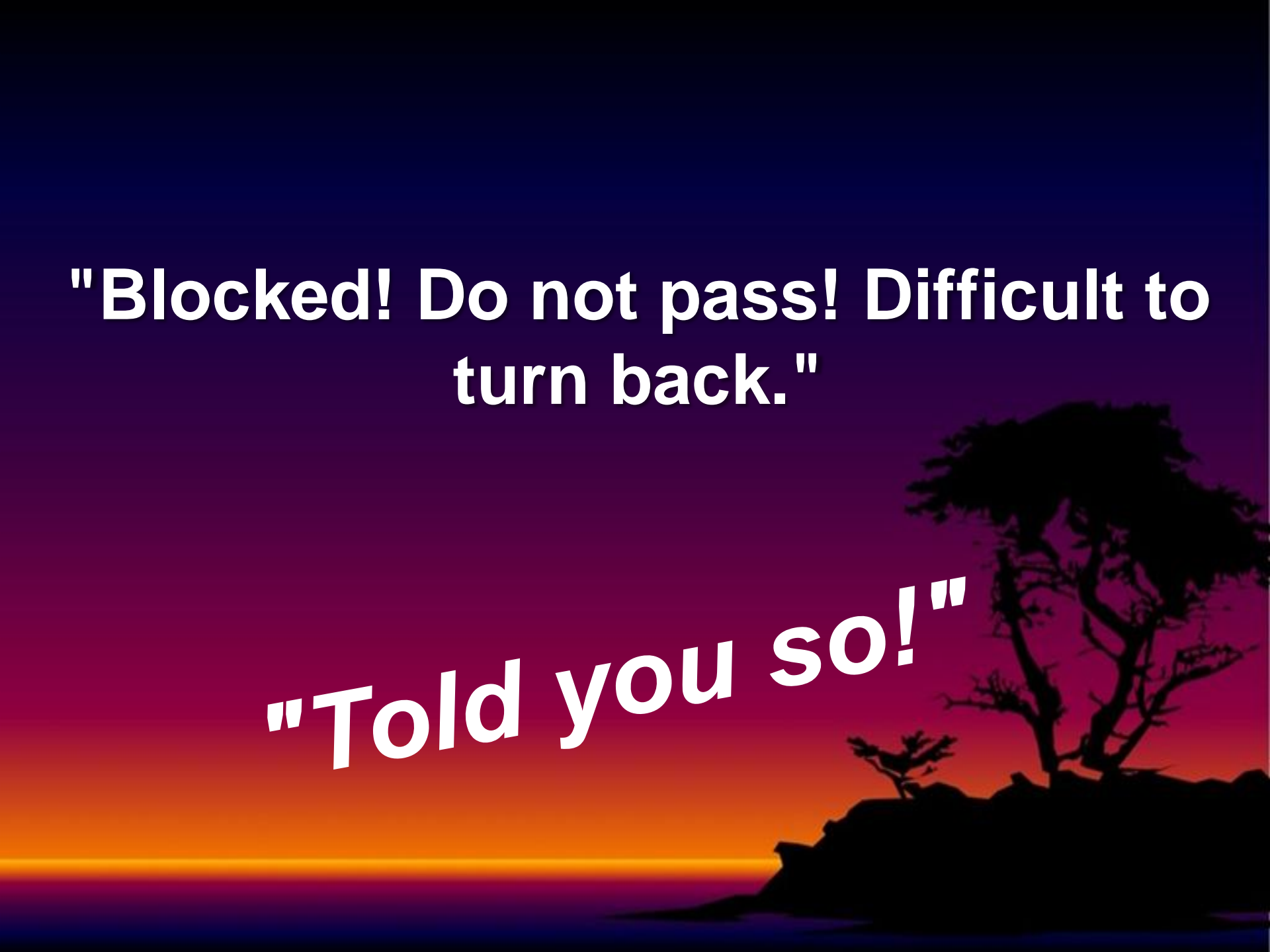
Colossians 3:1-4 - ***1 Since, then, you have been raised with Christ, set your hearts on things above, where Christ is seated at the right hand of God. 2 Set your minds on things above, not on earthly things. 3 For you died, and your life is now hidden with Christ in God. 4 When Christ, who is your life, appears, then you also will appear with him in glory.***





**"Blocked! Do not pass! Difficult to  
turn back."**

**"Told you so!"**



# BE THOUGHTFUL

- *18 Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit.*



# "How To Be Miserable."

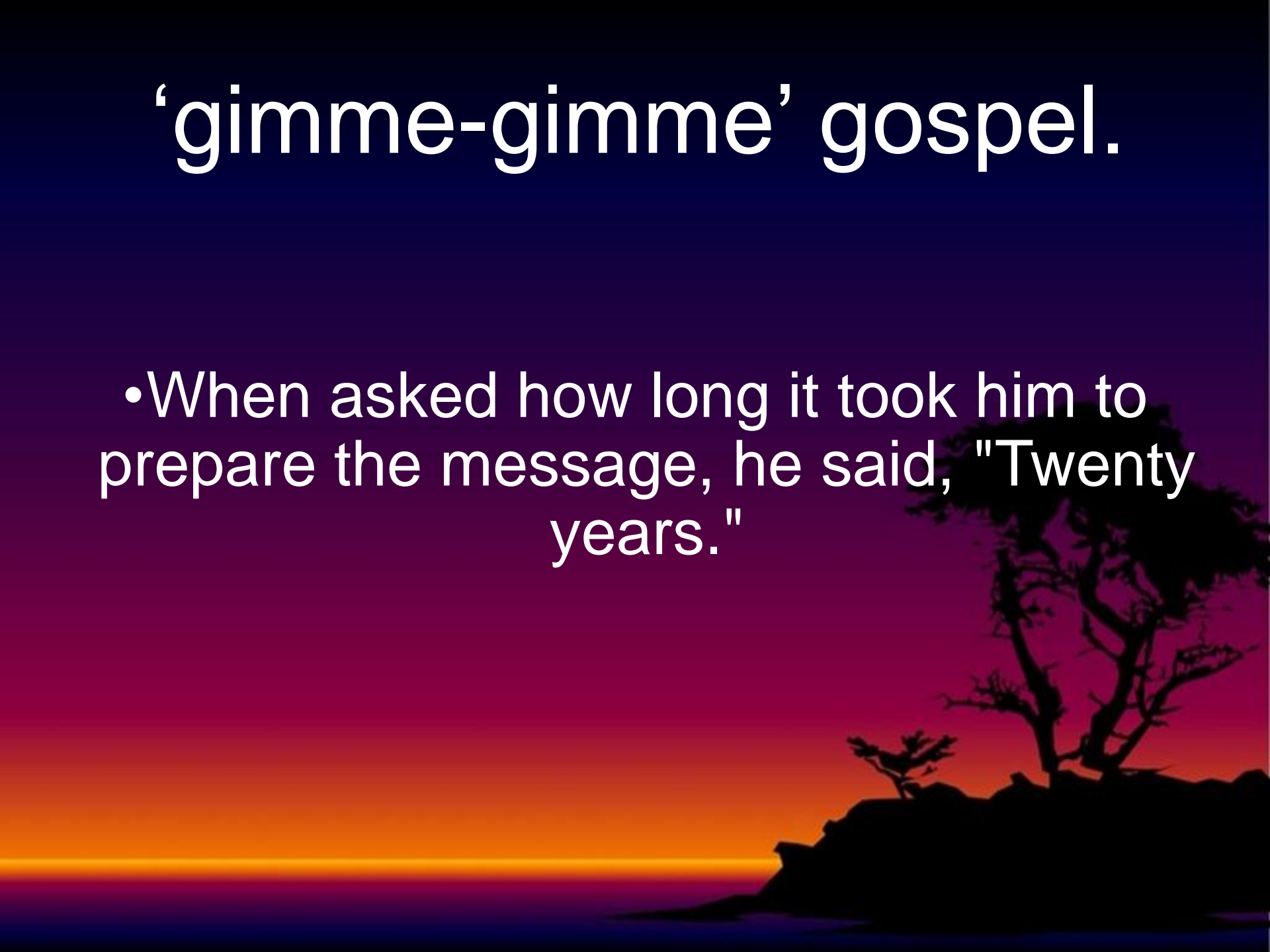
- Author Roy DeLamotte chaplain at Paine College in Georgia holds the record for the shortest sermon ever delivered in the college's history.
- ***"WHAT DOES CHRIST ANSWER WHEN WE ASK, "LORD, WHAT'S IN RELIGION FOR ME?"***

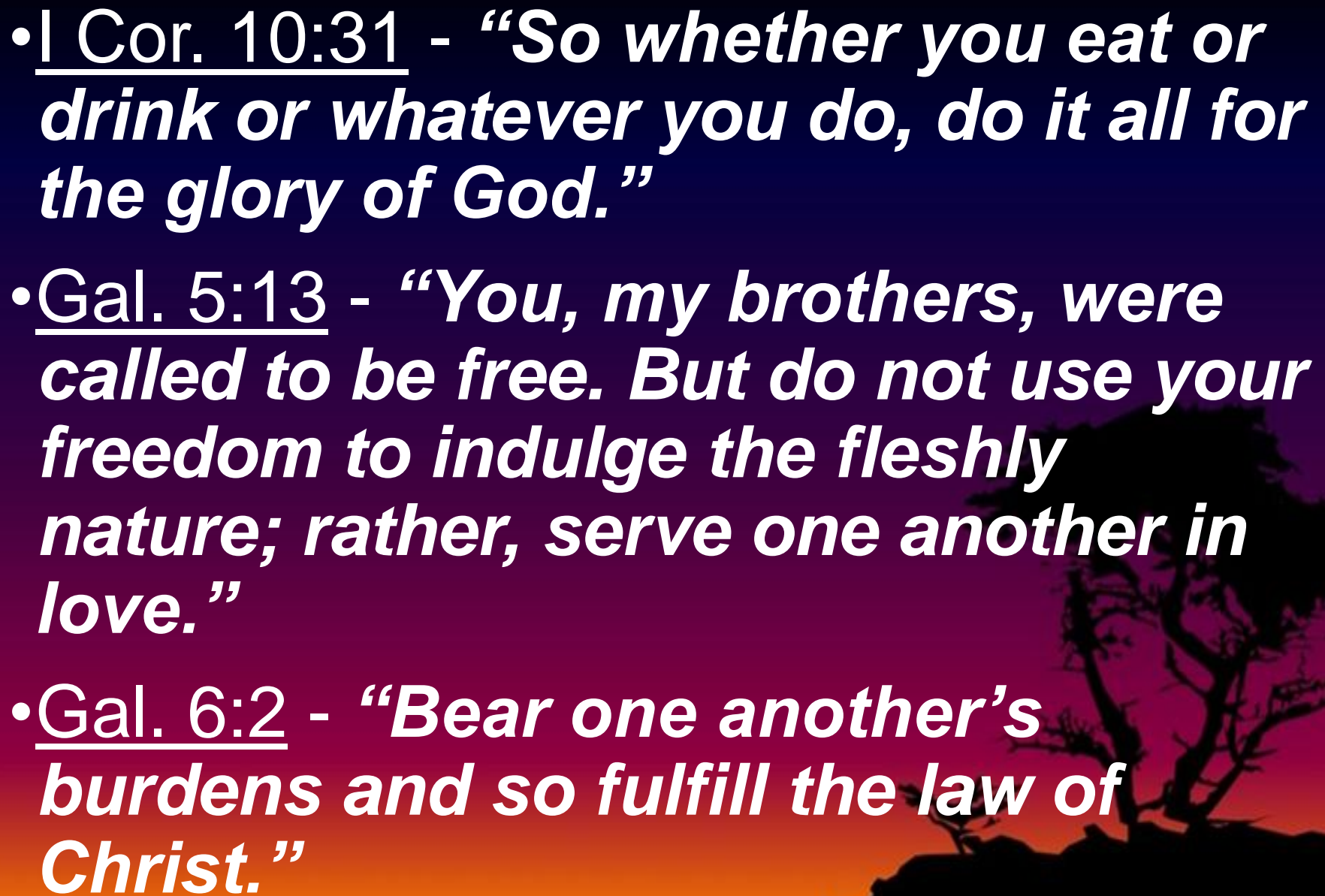
**NOTHING!!!**



# 'gimme-gimme' gospel.

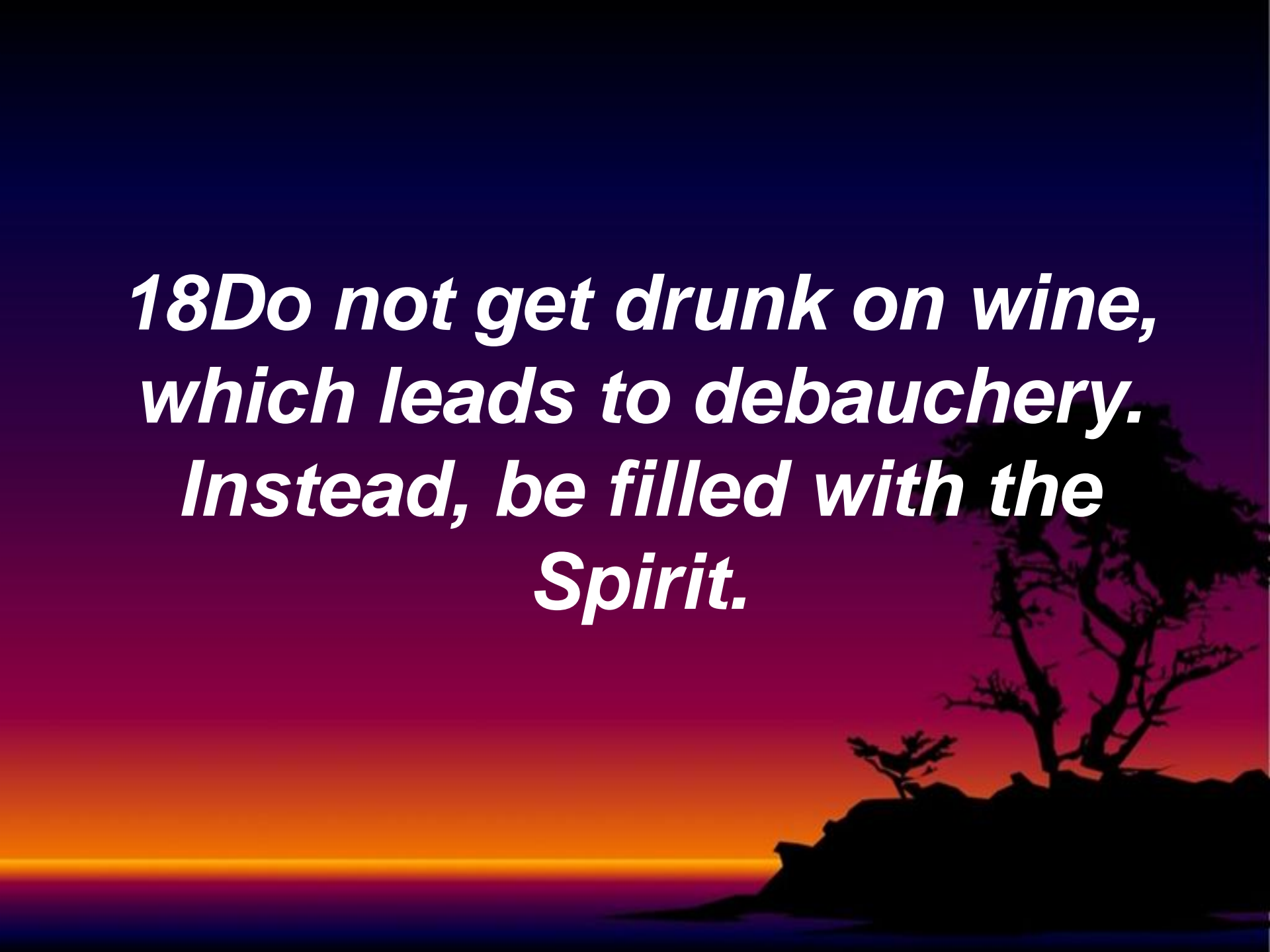
- When asked how long it took him to prepare the message, he said, "Twenty years."



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- 1 Cor. 10:31 - *“So whether you eat or drink or whatever you do, do it all for the glory of God.”*
  - Gal. 5:13 - *“You, my brothers, were called to be free. But do not use your freedom to indulge the fleshly nature; rather, serve one another in love.”*
  - Gal. 6:2 - *“Bear one another’s burdens and so fulfill the law of Christ.”*

- Gal. 6:9-10 -*“Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers.”*
- Matthew 22:36-40-*“Teacher, which is the greatest commandment in the Law?” Jesus replied: “ ‘Love the Lord your God with all your heart and with all your soul and with all your mind.’ This is the first and greatest commandment. And the second is like it: ‘Love your neighbor as yourself.’ All the Law and the Prophets hang on these two commandments.”*

***18 Do not get drunk on wine,  
which leads to debauchery.  
Instead, be filled with the  
Spirit.***

The background of the image is a vibrant sunset or sunrise. The sky transitions from a deep purple at the top to a bright orange and yellow near the horizon. In the lower right corner, there is a dark silhouette of a tree with a gnarled trunk and sparse branches, set against the bright light of the sun. The overall mood is serene and contemplative.

# BE THANKFUL

- *19 Speak to one another with psalms, hymns and spiritual songs. Sing and make music in your heart to the Lord, 20 always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.*

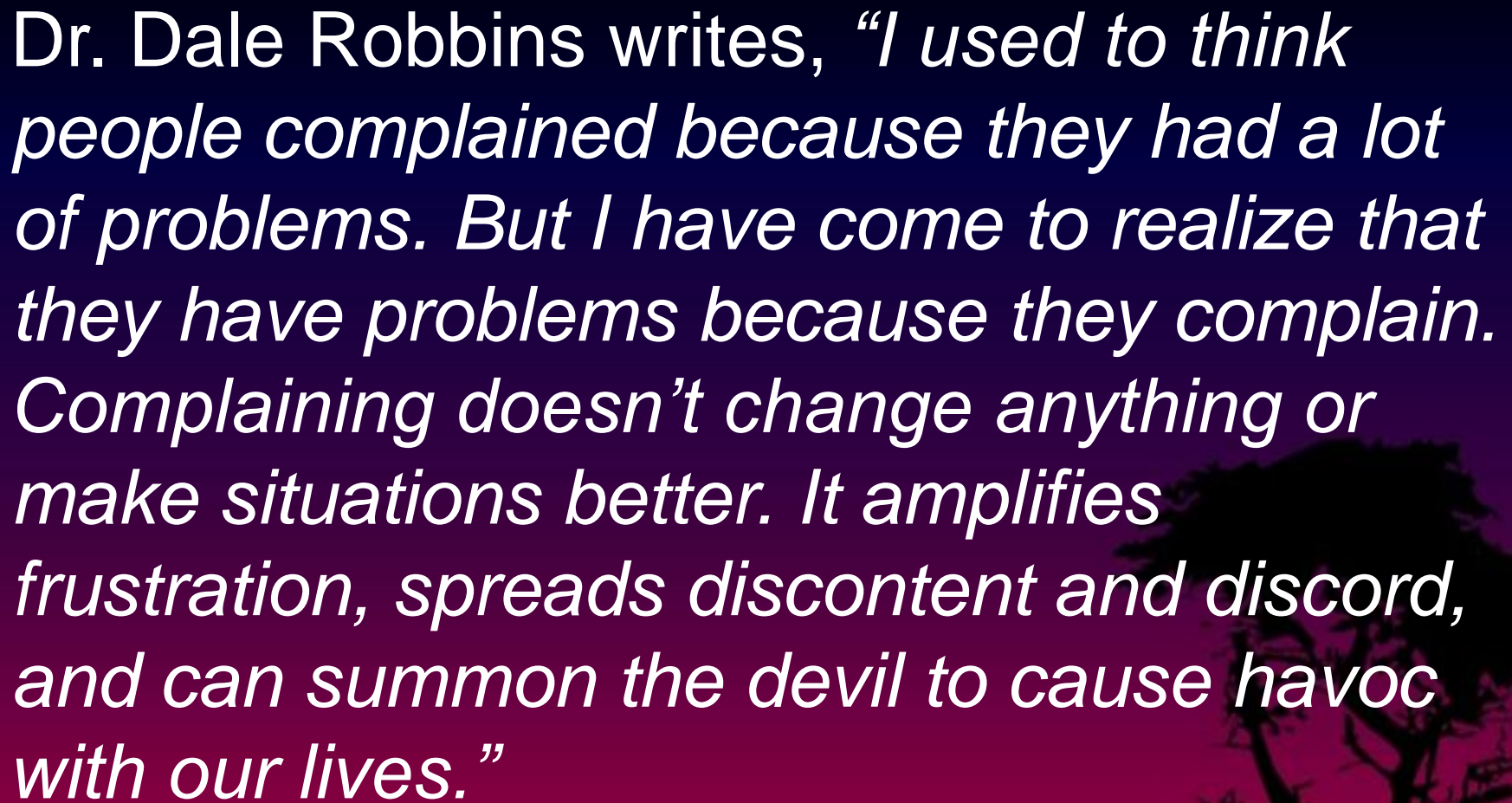


- **Nearly 70 percent questioned in an Associated Press-Ipsos poll said people are ruder today than they were 20 or 30 years ago.**
- **A whopping 93 percent in the AP-Ipsos poll faulted parents for failing to teach their children manners.**



# ARE YOU RUDE?

- **WHAT ABOUT BEING RUDE TO GOD?**
- Psalms 103:1-3 - *"Praise the LORD, O my soul; all my inmost being, praise his holy name. "Praise the LORD, O my soul, and forget not all his benefits- who forgives all your sins and heals all your diseases..."*

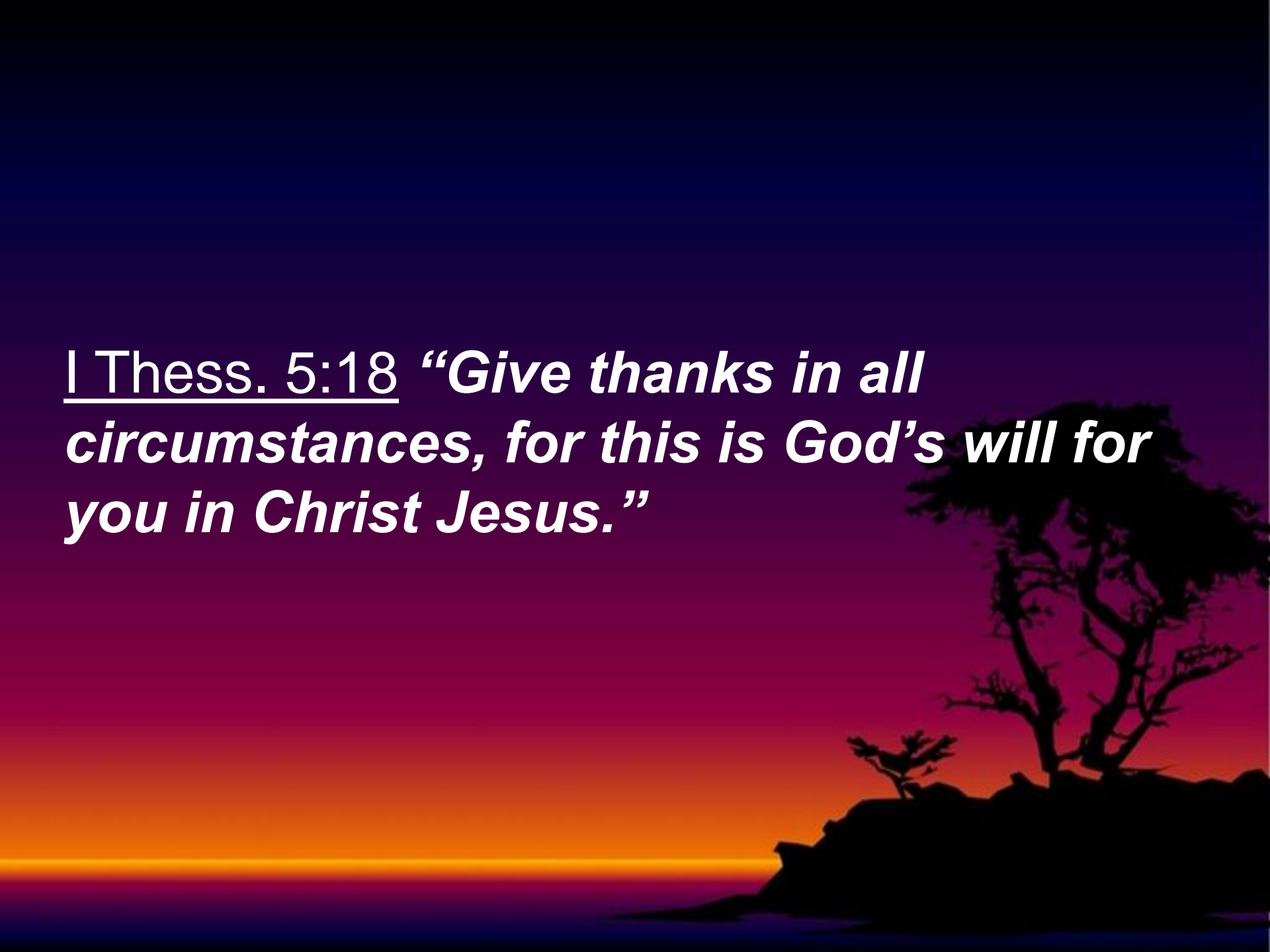


Dr. Dale Robbins writes, *“I used to think people complained because they had a lot of problems. But I have come to realize that they have problems because they complain. Complaining doesn’t change anything or make situations better. It amplifies frustration, spreads discontent and discord, and can summon the devil to cause havoc with our lives.”*

Complaining makes us miserable.

- Psalm 77:3b says, ***“I complained, and my spirit was overwhelmed.”*** New King James Version.
- Philippians 2:13 - ***“Do everything without complaining or arguing, so that you may become blameless and pure, children of God without fault in a crooked and depraved generation, in which you shine like stars in the universe.”***

1 Thess. 5:18 ***“Give thanks in all circumstances, for this is God’s will for you in Christ Jesus.”***

The background of the slide features a vibrant sunset or sunrise. The sky transitions from a deep purple at the top to a bright orange and yellow near the horizon. On the right side, the dark silhouette of a tree with a thick trunk and spreading branches is visible against the colorful sky. The overall mood is serene and contemplative.

A vibrant sunset background with a gradient from orange at the bottom to purple at the top. A silhouette of a tree and a cliff is visible on the right side.

**Be careful.  
Be thoughtful.  
Be thankful.**